

Silicone Ring Sizing Tools Find your perfect fit!

Method 1: Paper Ring Sizer

- 1. Print this page at 100%.
- 2. Use a ruler to measure this line. If it's 5" long, you've got the correct scale!

WHEN PRINTED AT 100%, THIS LENGTH SHOULD MEASURE 5"

- 3. Cut out the ring sizer and cut the slit on it.
- 4. Keep your finger straight and relaxed.
- 5. With the help of a partner, wrap the ring sizer snugly around your finger.





Method 2: Paper Strip

If you don't have a printer, you can use this simple method: https://www.knotheory.com/strip-method

Method 3: Size Chart (If you have a ring that fits perfectly.)

- 1. Print this page at 100%.
- 2. Use a ruler to measure this line. If it's 5" long, you've got the correct scale!

WHEN PRINTED AT 100%, THIS LENGTH SHOULD MEASURE 5"

3. Line up the inside of your ring to the sizes below to find a match.

